

Post-Operative instructions for Mole or Mass removal

The thought of removing a mole might make you anxious. But sometimes, it becomes obvious for health reasons. Here are few measures that you should follow to ensure an overall recovery after operation.

Steps For Caring The Wound After Surgery:

- Remove the bandage, if any, after 24 hrs of surgery, leaving the steri-strips as they may fall off on their own.
- You can take a shower only after 24 hrs of surgery. After the bath, dry the surgical incision and cover with gauze, if required.
- You may observe a knot under your surgical incision for several months after surgery.
- Take antibiotics as prescribed by the doctor.
- Change the dressing regularly and even if it gets drenched or soiled.

Plan Your 6 Weeks Post-Operation

- Walk regularly and stick to your normal routine.
- Avoid driving until you recover from pain.
- For extreme pains, take over-the-counter pain killers.

Smoking

If the surgical patient has a smoking habit, it can create a multitude of problems in the patient's recovery. The patient should not smoke two months before and two months after the surgery.

Contact Us If:

- You have a temperature of 100.5 degrees or higher.
- You have developed unusual symptoms at the surgery place, which may include bleeding, redness, tenderness, etc.
- When pain medication cannot control the pain.